



CHAPTER 186 Contra Costa, CA
Star Touring & Riding Association

THE ROTATING WHEEL

JULY 2009

THE “PREZ SEZ”

SO MANY RIDES, HOW DO I CHOOSE?

Yahoo, the riding season is really upon us, great weather (for the most part), longer days, varied climate areas. This past month saw a great ride down to the Pescadero area (sorry I missed that one), and a fun outing this past Sunday to Joe’s Crab Shack in Old Town Sacramento (congrats Jenn on your first LOS ride. It was a GREAT DAY – in spite of the heat). Thanks, also, to Pauline for stepping up and filling in for me leading our chapter down to Modesto’s Poker Run. Some day my bulging disk issue will be resolved (I hope - LOL).

There is a new look to our calendar this month.

We will start listing all rides and events, when I am made aware of them, so that you can plan those you may wish to attend. Along with our own scheduled Chapter day rides, there are invitations to multiple day trips: the Northwest BBQ in Medford, Sacramento’s Labor Day Ride (for those who can’t get the day off for our ride), our own 3 day Chapter Trip, and Big Bike Weekend.

Please note that all the rides / weekend trips are only ideas and / or suggestions. There is no “mandatory attendance requirement”. Whereas I would love to see everyone attend all the events, I am also well aware that we all have personal lives / families and / or other commitments, including financial considerations. Every “event” shown on our calendar offers a great time and outing, so as you review these events, if you have any questions, please do not hesitate to ask.

Lastly, as I “battle” this bulging disk issue, I have asked the Officer team and some members to assist, if needed, over the next couple of months on our rides. I do plan on leading the July / August Saturday rides, and up to Medford. However, if I am not able to make it, please support that Officer / member who will be leading those “events”. Thank you for your understanding.

Stays hydrated, and keep the shiny side up.

Victor Tibbs
President

CALENDAR OF EVENTS

Check the website calendar for further information

**** 2009 ****

- July 4th** Monterey Holli-STAR Picnic
- July 11th** **CHAPTER RIDE - Pt. Arena**
- July 21st – 26th** **STAR DAYS [Billings, MT]**
- July 26th** **CHAPTER RIDE – Santa Cruz**
- July 29th** **Chapter Officer’s meeting 6:15 p.m.**
Chapter Meeting to follow

- August 8th** **CHAPTER RIDE - Monterey**
- August 14th-16th** **NW STAR-B-Q – Medford, Or.**
- August 15th** **Santa Clara County STAR Chapter #209’s BBQ Camp-Out**

- August 23rd** **CHAPTER RIDE – Location TBD**
- August 26th** **Chapter Officer’s meeting 6:15 p.m.**
Chapter Meeting to follow

- August 30th** **CHAPTER MEMBERS ONLY BBQ**

- September 5th – 7th** **3-Day Labor Day Ride with Sacramento Chapter (Contact Victor for further details)**
- September 11-13** **CHAPTER 186: 3-DAY RIDE**
- September 12th** **CHAPTER RIDE - TBD**
- September 13th** **B.A.D. RIDE www.ripsbadride.com**
- September 16th** **Chapter Officer’s Meeting**
- September 19th** **Merced STAR Chapter Poker Run**
- September 19th** **Redding STAR Chapter Poker Run**
- September 23rd** **Chapter Meeting**

September 26th Napa STAR Chapter HORSEPLAY
Poker Run
September 27th CHAPTER RIDE [Columbia]

October 9th-11th BIG BIKE WEEKEND
<http://www.bigbikeweekend.com/index.htm>

October 10th CHAPTER RIDE
October 21st Chapter Officer's Meeting
October 25th CHAPTER RIDE
October 28th Chapter Meeting

November 11th Chapter Officer's Meeting
November 14th CHAPTER RIDE
November 18th Chapter Meeting – Officer
Nominations

December 12th CHAPTER CHRISTMAS PARTY –
ELECTION OF 2010 OFFICERS

Chapter Rides: 2nd Saturday / 4th Sunday
Chapter Sponsored Events are set out in blue
Chapter Meetings – red
Chapter Supported Events - Black

AND THE MEMBERS SAID ...

This is your section to share with other Chapter members
Ride Reports, etc.

Here's a little (useless) trivia for you.

At five minutes and six
seconds after 4 AM on the
8th of July this year, the
time and date will
be 04:05:06 07/08/09. This
will never happen again until
the year 3009.

HWY 9 CHAPTER RIDE

Saturday, June 13th, 2009

By Lin Tomy

So Pauline says "Write a ride report Lin". I told her I didn't have a clue how to start it. She says, "start with 'On June 13th' and see where it goes from there. So, okay here goes....."

On June 13th, 15 bikes and 16 people started out for our Hwy 9 Chapter ride.

Following Joe, we headed down 680 to Hwy 84 and through Niles Canyon into Fremont to the Dumbarton Bridge. We continued to follow Hwy 84 up to the top, running into Alice's Restaurant (well, not literally). After a brief rest, we split into two groups, those who wanted to go faster and those who didn't. Joe leading the first group down Hwy 35 to Hwy 9, they were soon out of our sight. Being in the 2nd group, off we went, bringing up the rear - Perry, Samuel, Tony, Cecil and me.

For once, I was very happy to be cruising along at the slower pace. The skyline was beautiful. The guys kept talking about rain, but I knew that wouldn't happen. The clouds were low in places, but the ride was tremendous! The road is perfect for motorcycles as someone said! At Hwy 9, Bob was waiting for us to make sure we made the turn, and then we were off on our own again.

Somewhere down the road, Perry made a left turn. I asked Perry if we were headed the right direction? Perry adamantly stated he knew where he was going, so I left well enough alone. After all, I wasn't the Road Captain today but just along for the fun, friendship and ride. The further we got down the road, the less it looked "right". Pretty soon, I'm telling Perry I'm getting low on gas. Cecil, in all of his politeness, reminded Perry that he needed to find a place to turn around as I was getting low on gas. Perry found a cemetery! LOL Somehow that struck us all as funny, especially when Cecil said they were reaching up out of the graves for him! As we headed out of the cemetery, I suggested to Perry that we're just taking the scenic route, if we continued on down the road in the same direction we would be close to our destination (well almost) and near a gas station.

Ending up in Santa Cruz, we found the gas station within a couple of blocks, and proceeded to try and figure out where we were supposed to be, plot the best way to get there (the fastest).

Perry suggested I lead as we were headed for Scotts Valley via Hwy 17. We just knew the rest of those guys were that close! Sure enough they were – just three exits up the road. As we got off the freeway, I asked Perry which side of the road the restaurant was supposed to be on. About that

time we heard a relieved voice on the radio saying, "Lin, is that you?" Sure enough, Joe was at the gas station they had stopped at, waiting for us. We found the restaurant, and as we walked in, the "faster" group let us know that kickstands were going up in **five minutes!** Yeah, right! Perry took the ribbing so well from all!

From Scotts Valley, we wound our way through the Santa Cruz Mountains, some roads familiar, some not. All of it was wonderful, the weather ended up perfect! Back to Alice's Restaurant, this time turning North on 35 and taking it to Hwy 92. I have always wanted to ride that route, but had never had the opportunity. Man was I missing out. The views on both sides of the hills as you wind across the Skyline Rd are amazing.

Pulling into Hayward, we split into two groups again. Some wanted to go home through the tunnel and some wanted to go through Crow Canyon. Our group went through Hayward, I think Perry was too tired for any U turns. And true to his word, he got us home safely. No U turns this trip, just a little scenic detour that caused Joe's heart to skip a beat ... and an awesome ride!

MODESTO STAR CHAPTER POKER RUN

Saturday, June 20th, 2009

By Pauline Carlton

You want me to do **WHAT**, Boss? Lead the troops down to Modesto? OK, I can do that. ☺ Hey, Lin, wanna tailgun for me?? **COOL**. And that's what we did, the 6 of us: Tony, Mr. Wiki, Dan, Jenn, Lin and I representing our STAR Chapter today.

We left Discovery Bay pretty close to 8:00 a.m., using a ride route that Lin had put together which brought us into Modesto, and only a block or so away from Modesto Yamaha. The boo boo part is that the Harley Davidson dealership is right next door, and they were having their own event. The parking lots were both full, and I blew right by the entrance.

WHOOPS!!! At the signal light ½ block away, off to the right, and through a parking lot [our U turn for the day done and out of the way], we went back into Modesto Yamaha for registrations, the ride directions and poker hand sheet.

#153 arrived a short time later, and both groups were escorted out of the parking lot by some of the Modesto Chapter members. Because Modesto has THAT many signal lights, both groups had their own Ride Captains and Tailgunners. I was riding 2nd in our group, and thanked God every time I heard "we're stuck at the light" over the CB headset, because I was able to let Joe/Angie, our Ride Captains know about it.

Coming to a 4-way stop, Joe/Angie would block to allow the group to ride through. In turn, we pulled to the right of the lane, slowed up, and waited for them to catch up.

He thought we were **TERRIFIC!!** ☺

This poker run wasn't traditional in that we didn't ride from point "A" to point "B", draw a card, and then ride to point "C" for another card. Rather 12 questions were asked: you had to ride to the various places to get the answers. They had two "bonus" questions which if answered correctly, along with the 12, could get you an additional two cards at the end of the ride.

The end of the ride was at the local Sierra Vista School's gymnasium where large tables with chairs were used to eat yum! yum! BIG ol' hamburgers with all the fixins, or maybe a hot dog, chili, bowls of ice cream too. Raffle prizes were just amazing: a "soft" seat to fit a V-STAR 1100 motorcycle, movie tickets [Tony won those], TONS of other really great "stuff".

While attendance was down from 2 years ago when I participated in this ride, some \$1728 was generated for the kids. The 50/50 spit was \$162. And our STAR Chapter took the **CHAPTER PARTICIPATION AWARD** which will be given to Lone Eagle and the Chapter members at the next meeting [sh-h-h-h-h, don't tell the Boss though: it's gonna be a surprise! ☺]

It's after 3 o'clock and time to start home. Using the same route that got us there, it's an easy ride until we hit Hwy 580. Then OMG!, the wind was **UNBELIEVABLE**. It was blowing you side-to-side, then switching up and coming at you from the opposite side which tossed me into the other lane, with a car coming toward me (now that was a little interesting). We battled this wind all the way back into Discovery Bay where we gas up, grab a snack

and something to drink at Starbucks, then have some more good conversation.

I left the house this morning with my speedometer saying 254 on the new bike; when I got home, it said 557. 303 miles today, and it was worth every single mile to be able to do something worthwhile and special for these kids ... even if they are in Modesto. I'm sorry that the rest of you weren't able to make it; but maybe next year #186 can be there in full force ☺

Check out the action shots that Mike captured:

<http://tinyurl.com/15g475>

SACRAMENTO CHAPTER RIDE

Sunday, June 28th, 2009

by *Pauline Carlton*

Weather.com says today, it's gonna be **107** in Sacramento. **OMG**, I can't ride in that kind of heat. But, I can take my other Chapter vehicle, the Toyota. I did ... filling up the big ol' cooler with ice, bottled water, my neck cooler, several towels that I had soaked with water, and kept in those 1-gallon ziplock baggies.

I met the group at the Shell gas station in Rio Vista at or about 10:30. I had been there for quite a while, and it was already warming up when they rolled in.

It was pretty cool "tailgunning" the group from the car. The boo boo part is that there were way too many distractions for me: the boaters racing along in the delta waters, sun bathers, beach bunnies, as well as the landscape to look at. Riding, I would have been much more focused on the road ahead.

Coming into Sacramento, we made a quick gas stop and then head for Old Town Sacramento. What seems to be becoming a tradition, we made the mandatory "U" turn at the signal light, a right at the next light which brought us into a section of that Old Town area that I hadn't been before, and right into the parking lot. \$10 a stall: 4 bikes per stall, that's \$2.50 each for the riders, except for me.

Lunch at Joe's Crab Shack was very entertaining with the servers breaking into different dance routines when certain songs were played, having birthday folks either do a hula or run around the

establishment brandishing a sword while everyone sang *Happy Birthday*.

LOVE, PEACE & CRABS, MY WAITRESS GAVE ME THE CRABS were two of the t-shirts some of the servers were wearing. Depending on how far you wanted to stretch your dollar indicated what I was having for lunch. Our server did a super job taking care of all of us I thought.

Several of us wanted to take a quick tour downtown to check out some of the stores: we made an agreement to meet back at the bikes some 45 minutes later. Jenn, Lin and I, of course, did our "girl" thing ... shopping for clothes. OK, so maybe it was just ME, after all, that bought that cute little black dress.

Coming back to the parking lot, the temperature gauge inside the car said it was 122, a few minutes later, it was 124. By the time we left, it was 127. Parking the bikes in the shade for a little bit to give the handlebars, grips and saddles time to cool down a little bit, I've got the air conditioning on HIGH. People are drinking cool bottles of water, wetting their neck coolers before we leave.

Winding our way through Sacramento, we're making a left onto S. River Road and going along the west side of the delta. Going up, we came in off Jefferson. It's **HOT**, okay. Down home, it's just **HOT**. Some time later [a ½ hour or so??], Linn pulls us over and underneath some shade along side the road in Walnut Grove. She's all played out, starting to get light-headed; Jenn is also having a hard time.

Grabbing the wet towels, bottled water, giving Lin a wet t-shirt, it's time to "medicate" these ladies to get their temperatures down.

It was suggested that we visit the local ice cream parlor, take a break, and get some cool air. Jeff, John and Dan decide, though, that they'd rather head for home. About an hour later, everyone is well hydrated, soaking their neck wrappers for the last time: it's time to head for home.

I left the group on Hwy 4, and along about Benicia, opened up the sun roof and windows to let in the **COOL** breeze. I'm thinking about my "riding" partners wishing that I could be like them: not suffer with the heat the way that I do, and I could've made the ride instead. But, hey ... at least I was there. ☺

Even though Lin led the ride, Jenn put together the **GREAT** ride route, working out the parking lot details, making and following up with the restaurant reservations. Her first LOS Ride. I can't wait for Columbia in September.

KEEP THE SHINY SIDE UP!

Safety Tips/Tech Talk

This is your section to share "techie" stuff

Bob's Safety Tips:

- Carry your cell phone on your person.
- Do not look away from the road for longer than one second. It's a good idea to practice "One Thousand One" and look back at the road. You can then look away again but only for one second. This is a good practice even in the car. It will keep you from being bored and your mind from wandering too long on anything else but the road.
- Don't expect everyone in the car to see you.
- Please don't assume that everyone who operates a vehicle or even a motorcycle is a "good" driver / rider.



OTHER SAFETY INFORMATION

Motorcycle Riding Emergency Tips - First Aid Knowing What To Do In Case Of An Emergency Can Make All The Difference

By Greg Mcquide

Think quick!! Your buddy just crashed and now he's bleeding. Or unconscious. Or both. And you're not sure if he's breathing anymore. Do you know what to do? If it's

Riding in the Sticks with #186
www.star186.org

just you and him and 20 miles of empty road, possessing the right knowledge means you don't have to sit helpless until the ambulance arrives. And while none of the information presented here can take the place of proper medical training, it might just save his life.

The Neck

For the record, your spinal cord is like overcooked asparagus in terms of consistency. Nerve tissue is soft, bones are hard, and if the neck is broken, the slightest wrong movement could sever the spinal cord and render catastrophic damage. Our medical expert told us to use the "highest index of suspicion" possible in regard to neck injuries. Your buddy's condition could be salvageable, but because you moved him incorrectly, he could die or become permanently paralyzed. Caution is the key: If your friend is unconscious, or complains of pain and numbness in the neck, shoulders or down the arms or legs, you could be dealing with an unstable neck fracture. So, unless he's in immediate danger (i.e., in the middle of a burning wreck, etc.) do not move the victim and unless he's stopped breathing do not-repeat-do not remove his helmet. It is much better to be on the safe side.

One-Minute Trauma Check

Primum non nocere, says our medical expert: "First do no harm." Acting too rashly when you first arrive at an accident scene can make a bad situation worse. First: Call an ambulance. Then, take a step back, breathe and do a one-minute trauma check: (1) Until you can assess his condition-or unless he's in immediate danger-don't move the victim; (2) Ask what happened-this will give you important information, and a person's lucidity (or lack thereof) will tell you a lot about his condition; (3) Ask about/check the neck-be very suspicious of any pain or numbness; (4) Check the head and chest for injuries; (5) Check the abdomen for tenderness or tightness-either

one could mean internal injuries; (6) Gently squeeze each limb and check for sprains or breaks. Begin proper treatment if you're able-and never move a victim with a potential neck injury. Even transporting a person with a broken arm or leg by bike could be dangerous.

Be Prepared

Proper protection is crucial (remember, prevention can be the best medicine), so buy the best helmet, gloves, boots and armored jacket/suit you can afford. Buy a cell phone (get a dual-band unit for the best coverage) and pack a good first aid kit that includes adhesive and elastic bandages, disinfectants, gauze pads, a wire splint and antibiotic ointment. And riding with a friend (in case you need help) is always a good idea.

Road Rash

The dreaded "raspberry" is one of the most common (and painful) motorcycle ailments-even more so for those who choose to ride only in shorts and a tank top. First step? As soon as possible, wash the wound with soap and running water. (Trying to pick out the dirt before washing only helps infection.) If washing is too painful, try numbing the area first with ice. Squirt an antibiotic solution on the wound (our doc suggests Betadine) and then pick as much of the dirt/rocks/etc. out of the skin as you can. (A sharp sterile needle or pin works best.) Wash the wound again, apply more Betadine and antiseptic ointment (such as Neosporine), then dress the area with nonstick gauze and a bandage. Not a painless procedure.

CPR/Mouth-To-Mouth

There might be nothing scarier than finding that your buddy's heart and/or breathing has stopped, and we'd be lying if we said we could teach you mouth-to-mouth resuscitation or Cardio-Pulmonary Resuscitation (CPR) in this small space. Take a course and learn how to do it correctly. Before administering mouth-to-mouth, take

care not to hyperextend the neck-move the jaw forward to get an open airway. Clear out any blockages, pinch his nose shut and form a tight seal between your mouth and his. Blow until his chest rises, pull away and repeat once his chest falls down again. For CPR, kneel to the victim's side, place the heel of one hand on his breastbone and lay your other hand over the top. Interlock the fingers and compress his chest about two inches, keeping your arms locked straight. Aim for about 100 compressions a minute, and-since his heart has stopped, he won't be breathing-give two mouth-to-mouth breaths every 15 compressions. Again, this is not a substitute for proper training; taking a course will allow you to practice on mannequins under expert supervision.

Shock

A potentially fatal condition: Medical texts define shock as "a profound depression of the vital processes associated with reduced blood volume/pressure and caused usually by severe injuries, hemorrhage or burns." In other words, the victim's body starts to shut itself down, usually due to a massive internal/external blood loss or damage to the nervous system. Get any bleeding under control as quickly as possible and watch your buddy for weakness, pale and clammy skin, shallow breathing, (unusual) dementia, rapid and weak pulse or loss of consciousness. You'll want to try to get blood back into his brain by laying him down and raising his feet. Keep his body temperature up by covering him with a blanket/sleeping bag/riding jacket, etc. Shock can be a deteriorating condition, so even if your buddy seems fine right after the accident, keeping a close eye on him is worthwhile.

Heat Exhaustion/Stroke

Ride out in hot, humid conditions long enough without rest or proper fluid intake and heat exhaustion can set in; your buddy will be pale, lethargic, sweating profusely, cramping up, nauseous, etc. Get him into

the shade, get him cool (use a wet cloth or ice pack), hide the nurse and slowly give him some water to drink. Heat stroke-wherein the temperature-regulation center of the brain stops working and you begin to fry in your own juices-is much more serious. Sweating stops, the skin becomes hot and dry, and the victim may even collapse and fall into a coma. In this case, you need to cool your buddy down by any means possible, and be prepared for mouth-to-mouth resuscitation should he stop breathing. By now, taking water by the mouth won't help enough-the victim will have to be rehydrated by intravenous fluids in a hospital

Gimme A Break ...

You'd think that with 206 bones in the body, you'd be allowed to snap more than one before things get serious. Ouch. Basically, dealing with fractures depends on immobilization and proper splinting of the injury itself. A splint's job is to imitate the supporting function of the bone-you can use a thick newspaper, wire, a couple pieces of wood, etc. Arrange the splint around the fracture (don't attempt to straighten a twisted limb) and secure it with an elastic bandage. Immobilize the injury as best you can (use a sling for a broken arm) and wait for the ambulance. You can't really splint a busted clavicle (collarbone), so you'll want to sling the arm on the injured side and wrap a bandage around the upper arm and chest to keep the whole affair from moving.

Bleeding

"One way or the other," our medical expert tells us, "all bleeding will stop. It's up to you to determine if that's now or later." Direct pressure on the wound is the key-use gauze or, barring that, a clean T-shirt or rag. (Forget about a tourniquet-you'll most likely do more harm than good.) If moving the victim won't cause further harm, lay him down and elevate the injury above the heart. Apply a bandage once the bleeding slows. If

the gauze or rag you're using soaks through, keep applying pressure by placing a clean rag directly over the old one-although if your buddy's bleeding enough to sop a T-shirt or two, he'll probably go into shock. Have you called for an ambulance yet?

What else?

Get Proper Training...Now! If you think that we've told you all you need to know, then you're sadly mistaken. And even a book as humorous and informative as Dr. Flash Gordon's Blood, Sweat & Gears: Ramblings on Motorcycling and Medicine (\$12.95 from Whitehorse Press: 800/531-1133 or www.whitehorsepress.com) couldn't possibly be a substitute for phoning your local Red Cross and signing up for courses in First Aid and CPR. **Do it.**

(Our thanks to Dr. Gordon for his good counsel; visit him at www.docflash.com.)

WHEN YOU ARE HOT, YOU'RE HOT

Presidents comment: *The LOS ride was **hot** – to say the least. We came to really understand how heat can affect us. Thanks, Jeff, for sharing this web link. **I URGE all members to read this and understand dangers associated with heat.***

http://www.soundrider.com/archive/safety-skills/when_youre_hot.htm

TECH TALK

This is your section to share "tech" stuff

Check out these three videos – compliments of Cruiser Customizing - to help you find the PERFECT RIDING POSITION. ☺

- [The Perfect Riding Position: Seats](#)
- [The Perfect Riding Position: Risers](#)
- [The Perfect Riding Position: Handlebars](#)



By Mike Prawicki

For any current or new members that want to become a Star Vet, go to the National Web Site www.startouring.org to get the Star Vet Application (DD Form 214 required) as well as the form to get Star Vet Patches. I'll have a hard copy of the Star Vet Application and Patch Form on our rides.

HAPPY July BIRTHDAY !!!

7th – Eric Hummel

For those who may not have made a copy or were not able to open Mike's attachment, here is the listing for those

EMERGENCY PHONE NUMBERS:

- Alameda (510) 337-2100
- Alameda Co. (510) 667-7721
 - Castro Valley
 - San Lorenzo
- Antioch (925) 757-1313
- Bakersfield (661) 861-2521
- Belmont (650) 592-2222
- Benicia (707) 745-2424
- Berkeley (510) 642-3333
- Burlingame (650) 368-1421
- Chico (530)-897-4911
- Clovis (559) 348-1515
- Contra Costa Co. (925) 933-1313
 - Pittsburg
 - Concord
 - San Ramon
- Contra Costa Co. (510) 223-4422
 - Richmond
 - San Pablo
- Cupertino (408) 299-3144
- Daly City (650) 992-2313
- Davis (530) 756-3400
- Danville (925) 373-5400

- Dublin (925) 447-4257
- E. Palo Alto (650) 321-1112
- Emeryville (510) 596-3700
- Fairfield (707) 428-7300
- Foster City (650) 368-1421
- Fremont (510) 793-3434
- Fresno (559) 294-2009
- Gilroy (408) 546-0400
- Hayward (510) 732-2626
- Hollister (831) 636-4325
- Livermore (925) 447-4257
- San Leandro (510) 618-3490
- Modesto (209) 552-2474
- Morgan Hill (408) 299-3144
- Mountain View (650) 903-6395
- Marin Co. (415) 472-0911
- Menlo Park (650) 321-2231
- Milbrae (650) 697-1212
- Milpitas (408) 998-7212
- Napa (707) 253-0911
- Newark (510) 793-3737
- Oakland (510) 444-1616 (510) 777-3333
- Orinda (925) 254-1110
- Pacifica (650) 355-4151
- Palo Alto (650) 321-2231
- Pleasanton (925) 838-6691
- Redwood City (650) 368-1421
- Roseville (916)786-6444
- Sacramento (916) 228-3000
- San Carlos (650) 592-2222
- San Francisco (415) 861-8020
- San Jose (408) 277-8991
- San Mateo (650) 368-1421 (650) 522-7702
- Santa Clara (408) 299-3144
- Santa Cruz (831) 471-1170
- Santa Rosa (707) 576-1365
- So. San Francisco (650) 873-3333
- Stanislaus Co. (209) 552-3911
 - Modesto
 - Ceres
 - Turlock
 - Oakdale
- Stockton (209) 464-4646
- Sunnyvale (408) 736-6244
- Tracy (209) 831-4553
- Union City (510) 471-1441
- Vacaville (707) 449-5452
- Vallejo (707) 552-3285
- Visalia (559) 734-8116

(turn the page, folks ... there's more!! ☺)

NW STAR-B-Q: August 14th-16th: PRE-REGISTRATION DEADLINE – 07/15/09 Medford, Oregon
The Annual Crater Lake Run will be part of the NW Star BQ, with a ride to Crater Lake National Park, lunch at the lodge, a tour around the lake rim, and a return ride with the traditional stop at Phil's Frosty in Shady Cove, Oregon for ice cream. Along with these feature events will be Vendors, a Show and Shine, Poker Run, Bike Games, and fun for STAR families and STAR kids.

The host hotel is the Medford **RAMADA INN**, They have rooms blocked for us at \$54 to \$63 plus tax. This facility is newly remodeled, has an exclusive bike only parking lot reserved for us, and will be hosting the Banquet. You can contact them at **541-779-3141** or **1-800-779-7829** for reservations. Be sure and mention "STAR Touring" to get the block rate. Registration info for the event will be available in February, and posted here. Yamaha/Star Motorcycles will be at this event with the Demo truck, free Star Motorcycle test rides during this event!

[Event RegistrationNWStarBQ09.pdf](#)
[Room ReservationsNW.09.pdf](#)
[ScheduleNWSTAR BQ.pdf](#)

Lone Eagle promises us that he will get there on time for the Thursday Meet-n-Greet. ☺ We'll be leaving at 8:30 a.m. and blasting straight up the freeway; coming home, we'll take a more scenic ride route.

September 11th -13th

CHAPTER 186 3-DAY RIDE

Lone Eagle is putting together a beautiful ride route for this weekend. The ride route will include riding through Lassen National Park to Susanville, possible adventure through the Modoc area or a shorter route to Burney on Saturday, and a different route through Lassen on the way home.

Below are the hotel arrangements made – note corrected confirmation number for the Shasta Pines in Burney – if you are considering attending

this weekend event, please book your rooms as soon as possible and advise Lone Eagle that you are planning on attending. He will be working with Michael and his GPS unit to insure a "minimum amount of U turns – LOL".

SUSANVILLE: Friday - September 11th [apx 276 miles]

BEST WESTERN - SUSANVILLE: \$71.95 SINGLE QUEEN - \$76.50 2 QUEENS
2785 Main Street, Susanville, California, 96130-4741, PHONE: 530-257-4123

OWNER IS TJ - OR ANYONE AT THE FRONT DESK. NEXT DOOR TO BLACK BEAR DINER
CONFIRMATION UNDER TIBBS - CONFIRMATION # **051310911MC**

A block of 10 rooms have been set aside - can park bike in front of hotel room. More available.

BURNEY: Saturday September 12th [apx 276 miles, or 130 if too hot]
SHASTA PINES: 37386 Main St. - Burney, CA 96013 TEL 530-335-2201

CONFIRMATION UNDER TIBBS -
CONFIRMATION # 090617-47898
Gary or Ken
Must cancel block of rooms 30 days in advance.

Queen Bed - single person \$54.00
Queen Bed - two people - \$59.00
(2) Queen Beds - \$79.00

Check out the website
www.shastapinesmotel.com

Coming home: apx 276 miles.